

It's that time of year again!

It may still be snowy outside, but we are thinking about Spring!

Dr. Frank Ciuba, physical therapist, and Diane Rama, LPGA teaching professional, will be holding a 4 week instructional clinic to help you get ready for the upcoming 2025 season:

- Tuesday February 25th at H/S Therapy: 6:30-8:00
- Tuesday March 4th at H/S Therapy: 6:30-8:00
- Tuesday March 11th at Worcester GC: Time TBD based on weather
- Tuesday March 18th at Worcester GC: Time TBD based on weather

Frank will perform a Titleist Examination to determine swing faults and create a golf specific exercise program to reduce your likelihood of an injury.

Diane will cover proper swing mechanics, correct swing faults, and build upon the exercises to improve your game.

Here are the details:

- The cost is \$120.00 per golfer
- Payment is due in full by 2/18/25 to secure your spot
- Bring a 7 iron and a water bottle

To Register:

Call: 215-513-1816

Email: harleystown@hstherapy.com

(or stop at the front desk!)

